

Cycle repairs

South Coast Bikes 41, Brunswick Street West,
Hove, East Sussex BN3 1EL 01273 202124

G-Whizz Cycles 6a, Brunswick Street East,
Hove, East Sussex BN3 1AU 01273 749049

Planet Cycles West Pier, Kings Rd Promenade,
Brighton, East Sussex BN1 2FL 01273 748881

Brighton & Hove City Council

Cycling Demonstration Town status 2005 – 2009
www.brighton-hove.gov.uk/cycling
01273 292929
travel.planning@brighton-hove.gov.uk

Smarter travel for Brighton & Hove, visit
www.journeyon.co.uk

Sustrans

Sustrans is the UK's leading sustainable transport charity. Our vision is a world in which people can choose to travel in ways that benefit their health and the environment. Every day we are working on practical, innovative ways of dealing with the transport challenges that affect us all. Sustrans is the charity behind the award winning National Cycle Network, Safe Routes to Schools, Bike it, Connect2, Travel Smart, Active Travel, Liveable Neighbourhoods, all projects that are changing our world one mile at a time. To find out more visit www.sustrans.org.uk

Useful contacts

Active for Life
www.activeforlife.org.uk
01273 292569

Bike for Life
www.bikeforlife.org.uk
01273 729979

Bricycles
www.bricycles.org.uk
01273 552662

Brighton & Hove CTC
www.communigate.co.uk/sussex/ctcbrighton 01273 884756

Brighton & Hove City Council
For highway faults – use the 'report it' section on www.brighton-hove.gov.uk

Cycling England
More People Cycling, More Safely, More Often' www.cyclingengland.co.uk



1829 version 2 2008 design by graphicdesignteam.org.uk

Coastal cycle route

Shoreham Harbour to Rottingdean



JOURNEY ON
Online. On time.



Coastal cycle route

Brighton & Hove is bold, brash and brilliantly observed from the saddle of a bike. Cycling is the best way to appreciate the city's ever changing beachfront and cityscape, and great for avoiding the traffic that clogs its roads most weekends of the year.

Starting from Shoreham Harbour at Southwick beach, this fantastic nine-mile pedal eastwards to Rottingdean is largely on shared-use cycle paths and mainly on the flat. The route has lots of family-friendly pit stops – a wide selection of cafes, snack bars and restaurants – many of them next to playgrounds.

Past Shoreham power station, and immediately before Basin Road South veers left and joins the A259 coast road, note the white-rendered beachfront houses on your right, with their quirky 'crenulated parapets'. This is Hove's, or rather Portslade-by-Sea's, 'millionaires' row'.

On leaving the harbour, the route leads cyclists past Hove Lagoon, with its playground, paddling pool and Big Fish Café. At the traffic lights cyclists cross over to the pavement and join the traffic free cycle route.

Dismount at the 'fish for sale' sign, just past the pitch and putt and take your choice of the day's catch from the beachside fish stall. If it's not

raining, then the nearby outdoor café is a great spot for staring out to sea, and enjoying a cup of tea or an ice cream. The route heads seawards near here, around the King Alfred leisure complex. Watch out for pedestrians and roller-bladers. Listen to waves crashing against the shingle and look out for acrobatic kite surfers before you once again find yourself cycling alongside the coast road, past Hove Lawns and the brightly-fronted beach huts. You can take a detour at Grand Avenue and join the new segregated cycle way which takes you north through Hove and out onto The Downs at Hangleton.

Otherwise, carry on past the custard-coloured Regency elegance of Brunswick, and you soon find yourself at the Angel of Peace statue that marks the boundary between Brighton and Hove. Enjoy a cappuccino on the prom while taking in the Modernist splendour of the restored Embassy Court apartment block.

Between the remains of the West Pier and the lively Brighton Pier is the most popular section of Brighton's beachfront. Go down the steps to the timber boardwalk of lower promenade with its shops, restaurants, bars, merry-go-rounds and street entertainers. You can even enjoy a game of volley-ball at the open-air sand court.

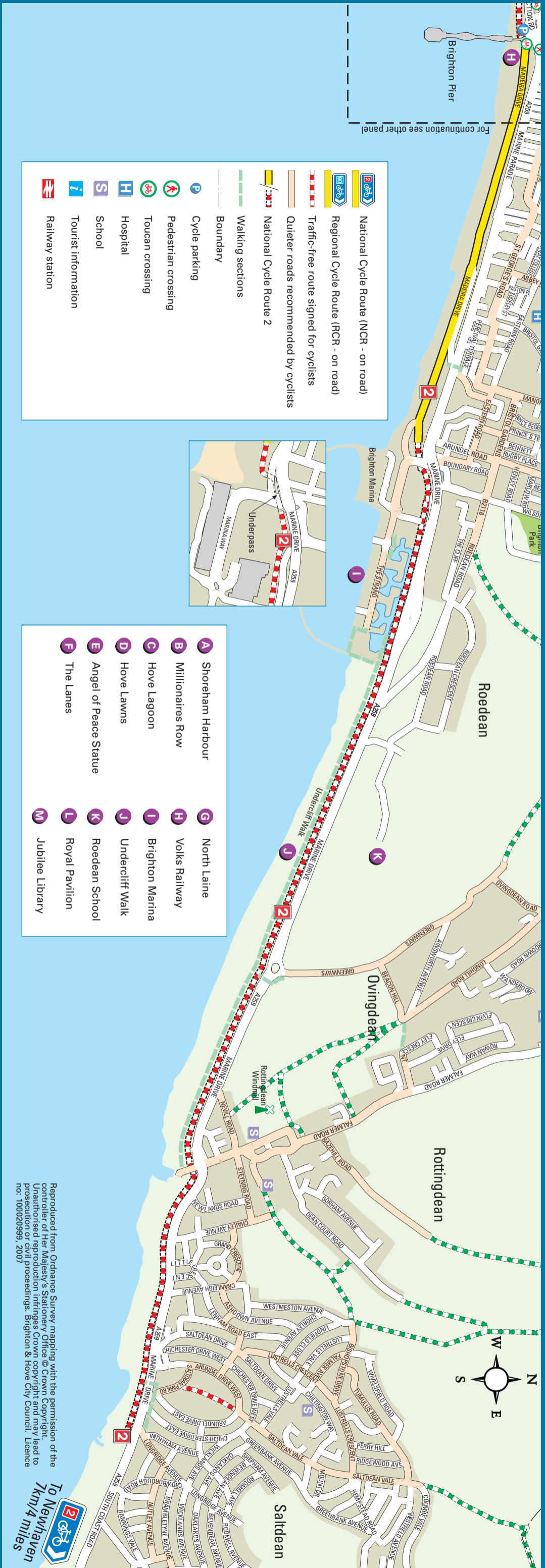
Alternatively, a detour inland takes you to the narrow, twisting alleyways, or twittens of The Lanes, crammed with jewellers and antique shops. Further inland is the North Laine, an area famous for its clothes shops and restaurants.

Back in the saddle, the off-road cycle path ends at Brighton Pier, and cyclists are directed on to Madiera Drive, the lower seafront road, past the Volks railway – Britain's oldest electric railway – and the nudist beach. Ahead of you are the low-level buildings and sea wall of Brighton Marina.

The UK's largest marina is well worth a visit, especially in the winter, when waves crash spectacularly against – and over – the outer sea wall. The superstore, discount shops, cinema, bowling complex and harbour-side restaurants are all popular.

Cyclists head upwards and eastwards on the cliff top off-road cycle route towards Rottingdean, past pitch-and-putt, mini-golf courses and Roedean School. Pedestrians can take the wide under cliff walkway skirting this relatively quiet, stretch of shoreline. Popular with local families – particularly the rock pools revealed at low tide – this attractive promenade can also be accessed via a flight of steep steps near the Ovingdean roundabout.

The descent towards historic Rottingdean, past the black Rottingdean Windmill, can be followed by lunch in one of the village's many cafes or pubs. New improvements to Marine Drive (A259) mean that by the summer 2008 a joint bus and cycle lane will be available all the way to the Brighton & Hove eastern boundary.



- National Cycle Route (NCR - on road)
- Regional Cycle Route (RCR - on road)
- Traffic-free route signed for cyclists
- Quieter roads recommended by cyclists
- National Cycle Route 2
- Walking sections
- Boundary
- Cycle parking
- Pedestrian crossing
- Toucan crossing
- Hospital
- School
- Tourist information
- Railway station

- A** Shoreham Harbour
- B** Millionaires Row
- C** Hove Lagoon
- D** Hove Lawns
- E** Angel of Peace Statue
- F** The Lanes
- G** North Laine
- H** Volks Railway
- I** Brighton Marina
- J** Undercliff Walk
- K** Roedean School
- L** Royal Pavilion
- M** Jubilee Library

Reproduced from Ordnance Survey mapping with the permission of the controller of Her Majesty's Stationery Office © Crown Copyright. Unauthorised reproduction infringes Crown copyright and may lead to prosecution or civil proceedings. Brighton & Hove City Council. Licence no: 1002020999, 2007