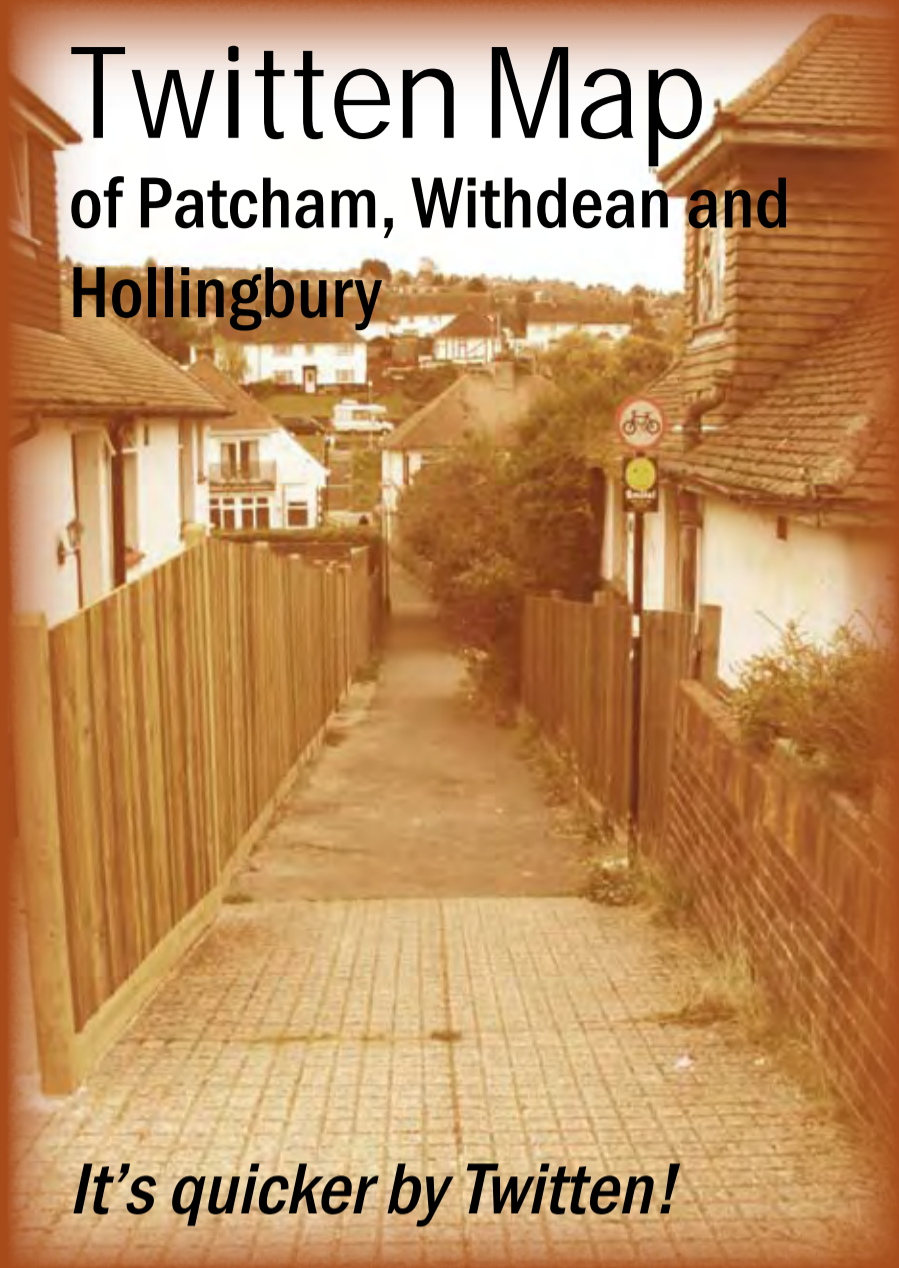


Rediscover your neighbourhood with this

Twitten Map of Patcham, Withdean and Hollingbury



It's quicker by Twitten!

Get to know the Twittens of Patcham, Withdean and Hollingbury

Get there quicker with this great Twitten map which includes details of many of the numerous cut-throughs in Patcham, Withdean and Hollingbury.

What are we Twittering on about?

Twitten is a local Sussex word which means cut-through or short cut which is usually a narrow path between two walls or hedges, or a wall and a hedge, usually leading from one street to another.

Over the last year, many residents in Patcham, Withdean and Hollingbury have come together to provide details of the local Twittens which has made it possible for us to create this great map.

This map provides details of the Twittens, shows where the local bus stops are and the local bus routes and even suggests some short walks you could do by joining up the Twittens.

The Twittens are part of the heritage of this area and are great ways to save time, get away from the roads and make getting around easier and more sustainable.

So if you have often wondered where that lane goes or what it is – well now you know – it is probably a Twitten!

Why Twitten?

Walking your local area and getting to know your local Twittens will improve your health and fitness and you may discover things about your local area you didn't know or even meet other Twitteners!

Many of the Twittens follow old drovers routes or even link up to help you walk large parts of the area without having to go near a road. They also often provide a short cut to the local shop or bus stop. So there's a good reason to get Twittening!

And did you know that more than half of all car trips are five miles or less and account for approximately a fifth of household car CO² emissions?

The benefits of using Twittens

- they provide short cuts
- avoid the frustrations of having to drive and park for short local journeys
- avoid being stuck in traffic queues when you're only going out for a paper!
- save time and money on your journey. Remember! Walking your one-mile trips could save you over £160 each year in fuel!*
- get to a bus stop quicker (see the map overleaf)
- walking is a great way to give your heart and lungs a workout and helps burn those calories
- the Twittens could open up a whole new world of exploration for you and your family
- discover your neighbourhood and your local history (find out more about the history of the area and the Twittens at your local library)
- a great connection to the countryside and to longer countryside walks

* Calculation taken from the Act on CO₂ campaign.

Further information

Where can I get another Twitten map?

If you want more Twitten maps for your friends, they are available free of charge:

- from libraries in Patcham and Hollingbury
- by ordering them from Transport Planning Team, Hove Town Hall, Hove, BN3 3BQ Tel.01273 290487
- by downloading them from: www.brighton-hove.org.uk or www.journeyon.co.uk (search for 'Twitten')

Twitten photos on-line

Please email any photos you have of Twittens (or ones you take while you are walking) to journeyon@brighton-hove.gov.uk and we will build an on-line library of Twitten photos at: www.journeyon.co.uk – search for 'Twitten'). Please include the name of the Twitten and your name in your email.

Other ways of getting involved in walking and getting fit

- **Brighton & Hove Ramblers:**
www.bahr.org.uk
- **Walking for Health:**
www.whi.org.uk (search for 'healthwalks')
- **Healthy Walks with Patcham University of the Third Age:**
<http://myweb.tiscali.co.uk/patchamu3a> (look under 'strollers')
- **Active for Life:**
email activeforlife@brighton-hove.gov.uk or
phone 01273 293458
- **Brighton & Hove Health Walks:**
www.brighton-hove.gov.uk/healthwalks